







HOW IT WORKS

- The self-inflating sleeping mat consists of a PU foam core and a durable polyester cover
- When filled with air the mat forms an insulating cushion against wet or cold ground
- When air is allowed to fill the foam core the vacuum produces a "self-inflating effect"
- When rolled up, air is pressed out of the foam core and the mat can be stored compactly
- Note: The pillow is not self-inflating. To inflate the pillow please use an air pump.

REMOVING AIR AND STORING

Open the valve completely. Unscrew valve cap but do not remove! With slight pressure, roll up the mat starting with the end opposite the valve. The air will escape from the foam core. When the mat is completely rolled together, close the valve. In order to roll the mat even tighter, the mat can be rolled up again with a closed valve. The accumulated air can be removed by opening the valve and continue rolling the mat until tight. After this, immediately close the valve.

For storing the mat, the flexible straps can be placed over the outside edges of the mat.

SUITABLE FOR PERSONS UP TO 240 LBS. (110 KG).

WARNING! NOT TO BE USED AS A FLOATATION DEVICE.

SELF-INFLATING!

INFLATION WITH EXCESS PRESSURE IS NOT REQUIRED.

USE AND CARE INSTRUCTIONS

To unroll the mat, pull the flexible straps over the outside edges of the mat.

Fully spread out mat on the ground.

Open the valve by turning it in a counterclockwise direction.

Note: the valve cap only needs to be untwisted, do not remove the cap.

After untwisting the cap, the mat will self-inflate.
When desired mat firmness is achieved close the valve.

Caution: the valve cap should not be closed too tightly as the sealing ring on the inside could be damaged!

Please note: for a new mat or one that was stored in the rolled condition for an extended period of time, the self-inflation could possibly take up to 15 minutes to complete. It is recommended that prior to first use the mat be spread out for 6-7 hours with the valve in the open position so that the foam core can expand completely.

CARE AND USE

Although the mat's material is water-repellent, it should never be stored in wet or damp conditions. The mat can be cleaned with a damp cloth and mild soap. While doing so make sure the valve is closed so that water will not get into the interior of the mat. Dry thoroughly.

Store the mat when it is completely dry.

Do not wash in a washing machine.

Do not use or store near open fires or heat sources.

To protect it from damage, do not use the product on stony surfaces. The mat must not be used in water or for swimming.

Salt water and chlorine will damage the surface of the product's fabric and void the warranty. If your self-inflating mat is leaking through a hole, you can repair it with a standard air mattress repair kit.

Make sure you purchase a repair kit for a 100 % polyester material. Repair the damage as specified by the repair kit manufacturer.